

**EFEKTIFITAS PROMOSI KESEHATAN 5S TERHADAP  
PENGETAHUAN, SIKAP, DAN PRAKTEK 5S PEKERJA DI PT.  
CHAROEN POKPHAND INDONESIA SEMARANG TAHUN 2015**

**DONARDO YUDHA ARTHANTO**

*Program Studi Kesehatan Masyarakat - S1, Fakultas  
Kesehatan, Universitas Dian Nuswantoro Semarang*

*URL : <http://dinus.ac.id/>*

*Email : 411201101276@mhs.dinus.ac.id*

**ABSTRAK**

PT.Charoen Pokphand Indonesia Semarang adalah perusahaan agro bisnis yang bergerak pada bidang pakan ternak. PT.Charoen Pokphand menyadari penerapan 5S mempunyai peranan penting dalam melancarkan operasional pekerja dan perusahaan. Agar kegiatan program 5S itu dilaksanakan oleh pekerja, perlu dilakukan promosi kesehatan 5S melalui berbagai media salah satunya melalui media cetak. Tujuan penelitian ini menganalisis efektifitas promosi kesehatan 5S terhadap pengetahuan, sikap, dan praktek pekerja di PT.Charoen Pokphand Indonesia Semarang.

Penelitian ini menggunakan metode Quasi Eksperimental dengan menggunakan rancangan one group pretest-posttest design yang dilakukan pada 50 responden. Uji hipotesis menggunakan uji Wilcoxon.

Hasil penelitian ini menunjukkan ada perbedaan yang signifikan antara promosi kesehatan 5S dengan peningkatan pengetahuan, sikap dan praktek responden. Efektifitas media buku saku dan poster yang digunakan untuk promosi kesehatan 5S turut memberikan keefektifitasan terhadap peningkatan pengetahuan responden sebesar 33,3%, peningkatan sikap responden sebesar 14,75%, dan peningkatan praktek responden sebesar 16,46%

Promosi kesehatan 5S melalui media buku saku dan poster berpengaruh efektif untuk meningkatkan pengetahuan, sikap, dan praktek pekerja dalam penerapan 5S di area processing PT. Charoen Pokphand Indonesia Semarang tahun 2015, diharapkan juga untuk perusahan dan petugas untuk mengupayakan kembali promosi kesehatan penerapan 5S melalui media safety talk yang diputarkan setiap pagi sebelum beraktivitas.

Kata Kunci : 5S, Promosi Kesehatan, Pengetahuan, Sikap, Praktek

**EFFECTIVENESS OF HEALTH PROMOTION 5S, TO KNOWLEDGE,  
ATTITUDE, AND PRACTICES 5S ON WORKERS AT PT.CHAROEN  
POKPHAND INDONESIA SEMARANG 2015**

**DONARDO YUDHA ARTHANTO**

*Program Studi Kesehatan Masyarakat - S1, Fakultas  
Kesehatan, Universitas Dian Nuswantoro Semarang*

*URL : <http://dinus.ac.id/>*

*Email : 411201101276@mhs.dinus.ac.id*

**ABSTRACT**

PT. Charoen Pokphand Indonesia Semarang is agro-business enterprise engaged in the field of animal feed. PT. Charoen Pokphand realize that implementation of 5S has an important role in the conduct of operations and the company's workers. To make the program is implemented 5S by employees, should be disseminated through various media one is print media. The purposed was to analyze the effectiveness of 5S health promotion to knowledge, attitudes, and practices of 5S on workers in PT. Charoen Pokphand Indonesia Semarang.

The study was experimental study by Quasi Experimental design one group pretest-posttest design on 50 respondents. Hypothesis has been tested by Wilcoxon test.

Results showed significant differences between 5S health promotion with increasing of knowledge, attitude and practice of the respondents. The effectiveness of media booklets and poster used to disseminate knowledge increased of 33.3%, an increased of attitude was 14.75%, and increased of practice was 16.46%.

The 5S health promotion through media pocket book and poster influential effectively for improving knowledge, attitudes, and practices of workers in the implementation of 5S in the area processing of PT. Charoen Pokphand Indonesia Semarang, expected corporate officers and efforts to re-socialization for the implementation of 5S through media safety talk that played every morning before the activities.

Keyword : 5S, Health Promotion, Knowledge, Attitude, Practice