

## **HUBUNGAN KARAKTERISTIK PELAYANAN TB DAN HEALTH LITERACY DENGAN SELF MANAGEMENT PENDERITA TB DI PUSKESMAS LEBDOSARI TAHUN 2017**

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### **ABSTRAK**

**HUBUNGAN KARAKTERISTIK PELAYANAN TB DAN HEALTH LITERACY DENGAN SELF MANAGEMENT PENDERITA TB DI PUSKESMAS LEBDOSARI TAHUN 2017**

Tuberkulosis (TB) adalah penyakit infeksi yang sangat populer di dunia, serta prediksi dari sepertiga populasi terkena serta 2,5 juta orang meninggal setiap tahunnya. Deteksi serta pemulihan penderita Tuberkulosis menular, sebagaimana berguna untuk menurunkan nilai kesakitan serta kematian dari Tuberkulosis. Tujuan penelitian ini adalah untuk menganalisisi hubungan antara pelayanan TB dan Health Literacy dengan self management penderita TB Paru di Puskesmas Lebdosari Kota Semarang Tahun 2017.

Jenis penelitian ini adalah Explanatory Research dengan pendekatan cross sectional. Populasi dalam penelitian ini adalah penderita TB paru BTA positif di Wilayah Kerja Puskesmas Lebdosari mulai 2016 hingga bulan Agustus 2017 dengan jumlah 30 orang. Teknik pengambilan sampel yang digunakan adalah total sampling. Analisis data menggunakan Chi square.

Hasil penelitian adalah penderita TB paru memiliki proporsi umur yang sebanding antara tua dan muda, penderita TB memiliki jenis kelamin yang sebanding, berpendidikan SMP, dan bekerja karyawan swasta. Hasil analisa bivariat dengan chi square ditemukan tidak ada hubungan antara umur dengan self-management ( $p=0,390$ ), jenis kelamin ( $p=1,000$ ), pendidikan ( $p=1,000$ ), pekerjaan ( $p=0,565$ ), pelayanan TB ( $p=0,068$ ) dan health literacy dengan ( $p=0,603$ ) dengan self-management penderita TB di Puskesmas Lebdosari Semarang.

Saran direkomendasikan kepada Puskesmas dan pihak-pihak terkait diharapkan dapat menambah program bebas TB Paru melalui pendidikan untuk penderita TB paru guna manajemen diri dalam menghadapi kesulitan dalam pemulihan kesehatannya.

Kata Kunci : Health literacy, self management, TB Paru

Kepustakaan : 37, 2008-2016

Kata Kunci : Health literacy, self-management, TB paru.

**CORRELATION OF TB SERVICESâ€™S CHARACTERISTIC AND  
HEALTH LITERACY WITH SELF-MANAGEMENT OF TB PATIENT IN  
LEBDOSARI PRIMARY HEALTH CARE 2017**

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**ABSTRACT**

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Tuberculosis (TB) is a very popular infectious disease in the world, as well as the prediction of one-third of the affected population as well as 2.5 million people die each year. Detection and recovery of infectious tuberculosis patients, as useful for reducing the value of morbidity and death from tuberculosis. The purpose of this study was to analyze the relationship between TB service and Health Literacy with self management of Pulmonary TB patients at Lebdosari Health Center Semarang in 2017.

The type of this study was Explanatory Research with cross sectional approach. The population in this study was positive smear pulmonary tuberculosis patients in Lebdosari Health Center Working Area from 2016 until August 2017 with 30 people. The sampling technique used is total sampling. Data analysis used Chi square.

The results of the study showed pulmonary tuberculosis patients had a comparable proportion of age between young and old, TB sufferers of comparable sex, junior high school, and private employee employment. The result of bivariate analysis with chi square found no relation between age and self-management ( $p = 0,390$ ), gender ( $p = 1,000$ ), education ( $p = 1,000$ ), occupation ( $p = 0,565$ ), TB service ( $p = 0,068$ ) and health literacy with ( $p = 0,603$ ) with self-management of TB patient at Lebdosari Semarang Public Health Center.

Suggestions recommended to Puskesmas and related parties are expected to add pulmonary TB free program through education for pulmonary TB patients for self-management in facing difficulties in health recovery.

Keywords: Health literacy, self-management, pulmonary TB.

Refrences: 37, 2008-2016

Keyword : Health literacy, self-management, pulmonary TB.