

ABSTRACT

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THE RELATIONS BETWEEN CADRES' PRACTICE IN IMPROVING TODDLERS' NUTRITION WITH GOOD NUTRITION ACHIEVEMENTS PERCENTAGE IN KARANG RAYUNG SUB-DISTRICT IN GROBOGAN REGENCY 2010

(68 pages + 12 tabels + 2 pictures + 4 attachments)

Cadres' roles in nutrition are given counseling, service in nutrition and additional food giving. There are cadres that inactive on their roles in Integrated Service Post, one of the reasons of cadres' attitude, including knowledge, attitude and practice aspects, in operating the Integrated Service Post are there is cadre who is more concerned with personal matters rather than social interests so they did not come to the Integrated Service Post and did not conduct activities in the Integrated Service Post and cadres who are less active in providing information and motivation to the mothers about the importance of coming to the Integrated Service Post. The purpose of this research is to find out the relations between cadres' practice in improving toddlers' nutrition with good nutrition achievements percentage in Karang Rayung sub-district.

This research is an Explanatory Research with Cross Sectional Study Design. Analysis units are 35 Integrated Service Post with 35 active cadres from each Integrated Service Post. Data gathered by interview based on questioners. Correlation test for research variables using correlation test Rank Spearman (α 0,05).

Statistical analysis showed there is no relation between cadres' practice in improving toddlers' nutrition with toddlers' nutritional status (p value 0,621).

Increasing cadres' social awareness on toddlers' nutritional status in the working area through the guidance from health workers related with toddlers' nutritional status achievement. Increasing the cadres' role through monitoring and evaluation of Integrated Service Post performance, especially in the field of nutrition through regular coordination meetings held by Public Health Center.

Keywords : practice, nutrition, toddlers

Literatures : 32 books, 1993 - 2010

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ABSTRAK

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HUBUNGAN ANTARA PRAKTIK KADER DALAM PENINGKATAN GIZI BALITA DENGAN PERSENTASE PENCAPAIAN GIZI BAIK DI KECAMATAN KARANG RAYUNG KABUPATEN GROBOGAN 2010

68 hal+12 tabel+2 gambar+4 lampiran

Peran kader didalam gizi yaitu memberikan penyuluhan, pelayanan tentang gizi dan pemberian makanan tambahan (PMT). Adapun kader yang tidak aktif dalam menjalankan perannya diposyandu, salah satu penyebab perilaku kader yang meliputi aspek pengetahuan, sikap dan praktik dalam menjalankan posyandu dikarenakan ada kader yang lebih mementingkan urusan pribadi dari pada kepentingan sosial sehingga tidak datang keposyandu dan tidak melakukan kegiatan di posyandu serta kader yang kurang aktif dalam memberikan informasi dan motivasi kepada ibu balita tentang pentingnya datang ke posyandu. Tujuan penelitian ini adalah mengetahui hubungan antara praktik kader dalam peningkatan gizi balita dengan persentase pencapaian gizi baik di Kecamatan Karang Rayung.

Jenis penelitian ini adalah *Explanatory Research* dengan pendekatan *Cross Sectional*. Unit analisis adalah 35 posyandu dengan sampel penelitian 35 kader aktif dari posyandu tersebut. Pengumpulan data dilakukan dengan wawancara berdasarkan kuesioner. Uji hubungan variabel penelitian menggunakan uji korelasi *Rank Spearman* ($\alpha 0,05$)

Hasil uji statistik menunjukkan tidak ada hubungan antara praktik kader dalam peningkatan gizi balita dengan status gizi balita (p value 0,621).

Peningkatan kesadaran sosial kader terhadap status gizi balita di wilayah kerja melalui pembinaan dari petugas kesehatan terkait dengan pencapaian status gizi balita. serta pemantauan dan evaluasi kinerja posyandu terutama dalam bidang gizi melalui rapat koordinasi rutin yang diselenggarakan oleh puskesmas.

Kata kunci : Praktik, gizi, balita

Pustaka : 32 buku, (1993-2010)